



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

South Mountain YMCA Sports Galore Camp PARENT INFORMATION

South Mountain YMCA welcomes you to our Sports Galore camp being run by the US Sports Institute. We are very confident that they will provide a great camp experience for your child. I'm sure that you have many logistical questions about the camp that you would like the answers to before your child starts camp. The first part of this guide contains site specific information about our Sports Galore camp at Jefferson Elementary School. The second part contains excerpts from the generic Parents Information tab from the US Sports Institute's website.

You can also go to their website for more information about them. Their web address is: <http://ussportsinstitute.com/>. Click on their "Parents tab" to get your information. It is important for you to check with your child's counselor (or backpack if your child is in Extended Camp care at the Y) each day to see if there are any camp information updates that you should know about. As always, if you have any concerns or questions that the staff of US Sports cannot answer for you, then by all means contact me.

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Sports Galore Camp Site Specific Parent Information

Camp Location: Jefferson Elementary School- 517 Ridgewood Rd., Maplewood

Camp Dates- (call the YMCA office if you forgot which session(s) your child is registered for)

Session I July 18 - July 22, 2011
Session II July 25 - July 29, 2011
Session III August 1 - August 5, 2011

Drop-Off Time- 8:45-9:00AM- please do not bring your child earlier. Bring your child to the staff parking lot behind the school and escort them to the camp counselor signing in campers.

AM Extended Care- 7:00am- 8:15am If your child is enrolled in YMCA Before Camp Care then please drop off your child at the YMCA Program Center at 13 Jefferson Ave., Maplewood between 7:00am- 8:15am. Take your child into the gym and sign them in. We will transport them to the Camp site. The Campers leave the Y Gym no later than 8:15am each morning to meet the bus that will transport them to Jefferson School. Please be sure to not be late or you will need to bring your child either to the Columbia High School

Parking lot located on W. Parker Avenue between the YMCA parking Lot and the overhead Train Tracks. (Across from Gleason's) by 8:30am OR take your child directly to the Camp site and wait until 8:45am.

Pick-Up Time- 3:00PM. Please be prompt. Go to the staff parking lot behind the school, park, get out of your car and go to your child's counselor to sign them out.

PM Extended Care –If your child is enrolled in YMCA PM Extended Care there will be a bus and bus counselor waiting at the campsite at 3:00PM to pick up your child to take them to the YMCA at the Y's Program Center at 13 Jefferson Ave., Maplewood. **You will be able to pick up your child there between 3:15 and 7:00PM. BE SURE to confirm with your Child's Sports Counselor at the beginning of each week that the counselor's records accurately reflect that your child is registered for the Y's After Camp Care.**

Inclement Weather– Since we have access to the school's gym and cafeteria, camp will go on rain or shine but with an adapted schedule. So if you are reading the USSI website information on rainy days please disregard that information.

Camper Information and Health History Form– A copy of this form that you have already completed will be given to the site director of US Sports Institute to have at the campsite in case there are any emergencies or if there is special information that they need to know about your child. Please keep this information updated with us in case you have any changes during the summer.

Permission to Administer Medication– If your child is required to take medication at camp then please go to the link on the Y's Sports Galore Web Page and download a copy of the "Permission to Administer Medication" form, print out, complete, sign and turn in to the YMCA office prior to the start of Camp. A copy of this form will be given to the site director of US Sports to have at the campsite. All medications must be given to the Sports Galore Camp site supervisor upon arrival at camp. Do not put the medication in your child's back pack or have your child handle the medication. Retrieve the medication from the site supervisor (or After Camp Care counselor) at the end of the week.

Walk Home Waiver– If you wish to have your child walk home alone from camp at the end of the day, then download, print out, complete, sign and turn in the **Walk Home Waiver** form to the YMCA office prior to the start of the camp. **Please request a Walk Home Waiver Form from either the Y's Camp office (973) 762-4145, or your child's Sports Counselor.**

Alternate Pick Up form– If you wish someone to pick up your child who is not listed on their Camper Registration form then you can print the form off of the Y's Sports Galore Web Page or contact the YMCA office to have them send you the form. This completed form must be given to the site supervisor prior to the alternate person comes to pick up your child.

Attached below is information directly from the US Sports Institute. Further information will be found on their website - <http://ussportsinstitute.com/>.

Class & Camp Information

PROGRAM COORDINATOR

The coordinator ensures the quality of the program at your site. Please speak freely to them regarding any questions or concerns you may have. Please find out your coordinators name.

PROGRAM TIMES

USA Sport Group (USG) requests that you drop-off and pick-up all children promptly. Please check the start and finish times of the program by asking the camp coordinator or checking online.

PARENT OBSERVATION

As parents you may want to stay and observe your child during the program; this is encouraged but we ask that if you do, please try to keep a distance that will encourage your child to participate and not depend on you. This is of particular importance when dealing with children in any of our Squirts programs. For our Squirts programs, we strongly recommend that parents stay to supervise children 4 and under. If you do not plan on staying, please inform the coordinator.

CHILD SAFETY

USG has systems in place to ensure the safety of your child on our programs. Once children have been checked in, they are placed into their group for the week. Every USG coach is responsible for their own group. The coordinator is responsible for all groups and will ensure that safety is not compromised. Each coach will keep a group attendance form, with a list of the children in his/her group. This form is used to sign in and out children for the rest of the week. Children will always be supervised when taking water, snack & bathroom breaks. Under no circumstances will a child be allowed to leave camp unattended. USG has over 28 years experience in running summer camps and year round programs. Safety is our number one priority!

SIGN IN/OUT PROCEDURE

On the first day of the program bring your child to the coordinator to sign in. After the first day you can sign in your child with their group coach. At the end of the day children will be placed in their groups ready to leave and it is your responsibility to see your child's group coach to sign out your child; only then will they be allowed to leave. Please note that USG will not allow a child to leave if a parent is waiting in a car or parking lot. The coordinator must have written consent given to them by the parent (not the child) if a child is leaving with someone other than their parent/guardian or if they are allowed to walk home alone.

WHAT TO BRING

Clothing: Please dress your child in appropriate clothing for the weather conditions. Remember many programs take place rain or shine! Protection from the sun is extremely important (hat and sunscreen). Children should have appropriate footwear for the sport they are participating in (sneakers for tennis, cleats for soccer etc).

Equipment: USG provides the equipment on all camps and programs with the exception of: Tennis: child should provide their own racket. Soccer & Field Hockey: shin guards should be worn.

Food & Water: Please provide snacks and plenty of water/fluids to last your child the duration of the program. Dependant on the time of the camp, a bagged lunch may be required. We recommend at least 1 gallon (4 liters) of water for any child attending a summer day camp, you can never provide too much!