

Sports Galore Camp- Multi Sport Camp for campers entering grades 1-5

South Mountain YMCA is pleased that the staff of US Sports Institute will be running our Sports Galore camp again this summer. We chose US Sports Institute because of their excellent reputation, creative approach to teaching sports and their compatibility with YMCA values.

Experience over 15 different sports in one week. The multi sport program is dedicated to the truly sports minded youngster. The camp gives participants the opportunity to play a variety of sports from around the world in a fun, safe environment. Campers will receive technical instruction in each sport and will then experience the sport in a realistic game situation. After lunch all campers will participate in the USSI Olympic Games and World Cup competitions. This is the true sports camp experience with so much to do in so little time!

EXPERIENCE THESE SPORTS FROM AROUND THE WORLD!

Athletics	World Cup	Basketball
Bocce	Cricket	Volleyball
Flag Football	Net Ball	Handball
Lacrosse	Soccer	Pillo Polo
Rugby	Badminton	Parachute Games
Tennis	Olympics	

Sample Day Schedule for a 9am-3pm sports camp

7:15am-8:45	AM Extended Care bus from YMCA (additional fee: \$35.00/week)
8:45-9:00am	Arrival
9:00- 9:10am	Fun Games
9:10-10:00am	Sport 1
10:00-10:55am	Sport 2
11:00-11:55am	Sport 3
11:55-12:15pm	Lunch
12:15-1:10PM	Sport 4
1:15-2:55pm	World Cup/Olympic Games
3:00pm	Dismissal/Camper Pick up
3:00-6:30pm	PM Extended Care bus to YMCA (additional fee: \$60.00/week)

Camp Location: Jefferson Elementary School - 517 Ridgewood Rd., Maplewood