



Y Knots 1 & Y Knots 2
Week 3
July 12th – July 16th

Song for Camp 2010
(sing to the tune of I gotta feelin')

I gotta feelin' (woo hoo!)
 that today's gonna be a great day
 that today's gonna be a great day
 that today's gonna be a GREAT camp day!
 I gotta feelin' (woo hoo)
 At YKnots camp, we sing and play
 And learn core values, every-day!
 Fun and dancing, we do it all!
 Art and cooking, we have a ball!
 I gotta feelin' (woo hoo!)
 that today's gonna be a great day
 that today's gonna be a great day
 that today's gonna be a GREAT camp day!
 We are YKnots (woo hoo).

World Life
North Pole: Snow Melt
Ingredients: Drinking
 glass, Vegetable oil, &
 Ice cube.

Cooking
Strawberry Mango
Smoothies
 ***Ingredients:** Mango
 Juice, Frozen or Fresh,
 Strawberries,
 Water & Ice.

Creative Play
Carnival!
 Campers will create a
 fantasy field parade
 with dancers, confetti
 and music.

Sports
Water Balloon Toss
 Campers will work in
 pairs while cooling off
 with water balloons!

Music
 Campers will play
 freeze dance to
 famous beach
 tunes!

**Splash Into
 Summer!**

Arts and Crafts
Hawaiian Grass Skirts
 Design a cool grass
 skirt with sequins and
 long strips of
 construction paper.

Event this week at camp
Tuesday, July 13th
NO SWIMMING! WEAR GREEN
FIELD TRIP T-SHIRTS!!
 We will be going to the **Turtle Back Zoo**
 BOTH Camps leave at 9:45
 & return around 1:45pm
 BRING a water bottle and a labeled brown bag
 lunch for this trip.

*Just a reminder that After Camp Care closes at 6:30pm. You will be charged a late fee if you pick up after 6:30pm. Thanks!
 *Please make sure to pack a water bottle for your child every day!
 *Please do not allow your child to bring toys to camp- they can get lost very easily. Thanks!
 *If your child will be absent for the day, please call the Y office at 973-762-4145 to let us know.
 *Have a great day!