



Y Knots 1 & Y Knots 2
Week 4
July 19th – July 23rd

Song for Camp 2010
(sing to the tune of I gotta feelin')

I gotta feelin' (woo hoo!)
 that today's gonna be a great day
 that today's gonna be a great day
 that today's gonna be a GREAT camp day!
 I gotta feelin' (woo hoo)
 At YKnots camp, we sing and play
 And learn core values, every-day!
 Fun and dancing, we do it all!
 Art and cooking, we have a ball!
 I gotta feelin' (woo hoo!)
 that today's gonna be a great day
 that today's gonna be a great day
 that today's gonna be a GREAT camp day!
 We are YKnots (woo hoo).

World Life
Native Americas
Dream Catcher
 Campers will create their own Dream Catchers to trap bad dreams and let the good dreams flee.

Cooking
Soft Pretzels:
 Frozen bread dough
 Egg white
 1 tsp Water
 Coarse salt

Music
 Children will participate in London Bridge and dance to songs from Medieval times

The Land of Make Believe!

Creative Play
Medieval Tales
 Campers will design their own costumes with newspaper to relive the adventures of knights, princes, princesses, wizards and much more.

Arts and Crafts
Wonderland Castles
 Campers will create their very own castles to bring home.

Sports
American Football
 Campers will learn the concept of America's most enjoyable sport by running, kicking and throwing a football.

Event this week at camp
Wednesday, July 21st
WEAR GREEN FIELD TRIP T-SHIRTS!!
WE WILL BE SWIMMING!!!
 We will be going to see the play
Stone Soup and Other Stories
 at Kean College
 BOTH Camps will leave at 12:00
 & will return by 2:45pm
 Lunch will be eaten at camp before we leave!

*Just a reminder that After Camp Care closes at 6:30pm.
 You will be charged a late fee if you pick up after 6:30pm. Thanks!
 *Please make sure to pack a water bottle for your child every day.
 *Please be sure to dress your child for swimming every day. If we end up not going swimming due to the weather, the children will change out of their suits during the day.
 *Please do not allow your child to bring toys to camp- they can get lost very easily. Thanks!
 *If your child will be absent for the day, please call the Y office at 973-762-4145 to let us know.
 *Have a great day!