



Metro YMCA's of the Oranges

YOUNG LEADERS PROGRAM

The Young Leaders Program is planned in accordance with the standards and requirements prescribed by the American Camping Association and the YMCA. Since you are interested in becoming a participant this summer, you and your parents should carefully read the following information before filling out the enclosed application form.

**Our Young Leaders Program has been organized for the week of:
Sunday August 15th- Friday August 20th**

The program is designed to provide our campers with an opportunity to develop leadership and life skills and to broaden their understanding of what it means to take on a more responsible role in the community.

CRITERIA FOR YOUNG LEADERS SELECTION

- Candidates should have the potential to be leaders.
- Must have a willingness to understand the role nutrition plays in leadership.
- Must have a willingness to learn.
- Must be of the proper age and gender according to availability. (11-17)
- Should be willing to live in Adirondack style cabin with no modern amenities.
- Show age appropriate emotional maturity and stability.
- Must have an understanding of the YMCA mission and exemplify the core values of the YMCA.
- Must be willing to except direction and constructive feedback.
- Should be open and willing to learn from and about different social and economic backgrounds.
- Should demonstrate willingness to compromise.
- Must dress and speak appropriately.
- Must follow all camp rules.
- Must commit to attend quarterly rallies and take a leadership role in implementing the leaders club.

YOUNG LEADERS PROGRAM OVERVIEW

1. As part of the program, the young leaders will participate in a variety of outdoor challenges. They shall learn important outdoor skills, build group unity and teamwork, enhance their appreciation for the outdoor environment, gain a better understanding of the importance of proper nutrition and, of course, have fun.
2. In designing a program of Young Leaders, it is our objective to develop the following traits in each trainee:
 - A) A well rounded, sensitive, and mature young person
 - B) An understanding of people, particularly of children and self, through:
 - counseling and program experience
 - a group experience with one's peers
 - a self-appraisal and improvement program
 - group discussions related to nutritional concerns
 - group discussions and workshops with camp staff about leadership qualities
 - C) An understanding of the YMCA camping philosophy and Leaders program
 - D) A concern for human beings, and an appreciation of diversity.
 - E) Respect for our natural environment.
 - F) The ability to have fun while learning and teaching.

SO, YOU WANT TO BE A YOUNG LEADER?

As part of your application process, you are asked to write an essay answering the question, "Why do you want to be a participant in the Young Leaders Program?" This is probably the most important question you will answer as a part of the process to being accepted into the program.

LIMITATIONS AND EXPECTATIONS

Below are some specific points that you should carefully review and discuss with your parent/guardian. We expect you to follow these guidelines if you become a participant in the program.

1. We expect that you will cooperate fully in maintaining cleanliness, order, and self-discipline within your living area.
2. Young Leaders are expected to attend the week in its entirety, there will be no late arrivals or early departures accepted into the program.
3. YL's will engage in many different activities. The purpose of this is to teach new skills and to provide you with knowledge of coaching methods/techniques.
4. YL's will participate in a series of workshops and discussions with more experienced staff members. These are designed to provide insight into the philosophy and methods of Leadership operations.
5. Young Leaders are expected to regulate their personal habits by the common sense rules of good health and positive role modeling. SMOKING IS NOT ALLOWED IN CAMP. The use of ALCOHOL, NON-PRESCRIPTION DRUGS, OR TOBACCO on or off of camp property is cause for IMMEDIATE EXPULSION FROM CAMP.
6. Young Leaders may not have visitors during the course of the program with the exception of designated parent's days. The office will take messages in cases of emergency.
7. If a Young Leader requires hospital care or special medical treatment, the expense will be the responsibility of the parent/guardian.

HOW TO APPLY?

1. Fill out and sign the enclosed Information Record.
2. Compose an essay of at least 200 words that answers the question: "Why do you want to participate in the Young Leaders Program at Fairview Lake YMCA Camps?"
3. Have three adults who know you well (other than your relatives) each fill out one of the enclosed reference forms.
4. All parts of your application should be returned to your YMCA branch before July 27, 2010.
Attn: Young Leaders-Karen Robson
South Mountain YMCA
13 Jefferson Avenue
Maplewood, NJ 07040

Metro YMCA of the Oranges
YOUNG LEADERS Code of Ethics

Relationship with Camp and Community

- I will, in dealing with people, be impartial and just-always looking toward the good of others.
- I will maintain an attitude of respect and cooperation in dealing with campers & staff.
- I will cheerfully observe all rules of the camp, thereby encouraging others to do the same.
- My own standard of conduct will be higher than that expected by the camp.
- I will be honest at all times, especially in my dealings with others.
- I will not permit my participation in the YOUNG LEADERS program to be used for selfish reasons of any kind.
- I will consider it my duty and privilege to help improve my camp and community.
- I will strive to do my best in all areas of the YOUNG LEADERS program.

Responsibility to the YOUNG LEADERS CAMP Program

- I will respect the privilege of being a member of the YOUNG LEADERS program.
- I will perform my responsibilities efficiently through knowledge of program requirements and through contact with staff and directors.
- I will reflect the good influence of the YMCA and the YOUNG LEADERS program through my own words and actions.
- I will always let my criticism of the program be constructive, not destructive.

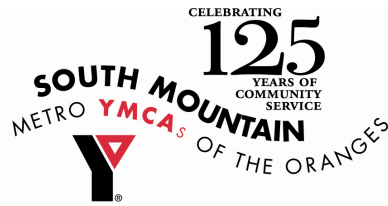
Responsibility to Other Members

- I will avoid unfavorable criticism of other members of the YOUNG LEADERS PROGRAM and I will show respect when offering constructive criticism.
- I will always report to my director any matters that involve the best interests of the group.
- I will always show respect and appreciation to my fellow group members and staff.

Responsibility to Myself

- I will take pride in who I am and what I stand for in being a member of the YOUNG LEADERS program.
- I will strive to maintain high standards in my thoughts, words, and actions.

Signature _____ Print _____ Date _____



We build strong kids, strong families, strong communities.

YOUNG LEADERS TRAINING CAMP 2010

Camper Name _____ Sex _____

Home Phone () _____ E-mail Address _____
(Camper's)

Street _____

City _____ State _____ Zip _____

I will be ___ years old when I arrive at camp. Date of Birth _____ Grade as of 9/10 _____

I am ___ am not ___ a member of the Metro YMCA of the Oranges. However, I am a member
of _____ YMCA. My YMCA Membership Expires on _____

Yrs. Spent at Fairview Lake Summer Camp? _____ Your County of Residence _____

Parent #1 Name _____ Cell Phone _____

Occupation _____ Work Phone _____

Company Name _____ Street _____

City _____ State _____ Zip _____

Parent #2 Name _____ Cell Phone _____

Occupation _____ Work Phone _____

Company Name _____ Street _____

City _____ State _____ Zip _____

Our camps are for those who enjoy camping. **Rules for acceptance and participation in the program are the same for everyone without regard to race, color, national origin, sex, age and disability.** It is understood that all campers will be treated as individuals and respect shown for reasonable differences in tastes, preferences, abilities and range of behavior patterns. The YMCA reserves the right to dismiss a child from camp whose special needs we are not able to meet or whose conduct is not in the best interest of the total camp.

The YMCA is granted the right to use and all pictures and videos taken of camp activities in their production of materials for promotion of YMCA activities. I understand that my child's name, address and phone number will be printed in a camper directory which is distributed to campers and staff only. Believing my child is qualified for camp life, I give permission for my child to take part in all activities and understand there is some risk involved in all physical activities. I agree to place him/her in care of the camp, subject to all its rules and regulations. As required by New Jersey State Law, I give permission for my child to handle and fire a rifle and/or bow and arrow, and to participate in out-of-camp trips

PARENT'S/GUARDIAN'S SIGNATURE _____ DATE _____

South Mountain YMCA Goals for Young Leaders Training Program

- Bring back knowledge of this Training Program to the South Mountain YMCA to be the first commanders to plan and implement a schedule for Young Leaders Club.
- Help design Teen Programs at South Mountain YMCA that will help other teens grow spiritually, mentally and physically.
- Participate in one or more South Mountain Family Events in 2010.
- Research, plan and implement one community service project in the South Mountain YMCA community through the South Mountain YMCA.
- Participate in fundraising events with all departments.
- Act as storytellers for South Mountain YMCA and for 2010 Young Leaders Training Camp.

-I have read all the requirements of attending Young Leaders Training Camp understand my responsibilities upon returning from the Training Camp.

-I will be a good representative of the South Mountain YMCA while at the camp.

-I have read and understand the Young Leaders Program Overview along with the limitations and expectations of Young Leaders while at camp.

Participant Signature: _____ Date: _____

Parent's Signature; _____ Date: _____

You will be notified by July 1st if you have been chosen to represent the South Mountain YMCA by Karen Robson. Please forward all questions and concerns directly to her. krobson@metroymcas.org or (973)762-4145 x 16

YOUNG LEADERS PROGRAM - REFERENCE FORM

___ EAST ORANGE

___ FAIRVIEW LAKE

___ SOUTH MOUNTAIN

___ SUSSEX

___ WEST ESSEX

(please check one)

_____ HAS APPLIED TO THE Metro YMCAs of the Oranges YOUNG LEADERS PROGRAM AND HAS GIVEN YOUR NAME AS A REFERENCE. THIS PROGRAM IS DESIGNED TO TRAIN YOUNG MEN AND WOMEN FOR LEADERSHIP ROLES WITH PEERS AND CHILDREN. WILL YOU PLEASE ASSIST US BY COMPLETING THE INFORMATION BELOW TO THE BEST OF YOUR ABILITY?

Please place a check mark in the appropriate column.

| | BELOW <u>AVERAGE</u> | ABOVE <u>AVERAGE</u> | <u>AVERAGE</u> | NO CHANCE <u>TO OBSERVE</u> |
|-------------------------|---------------------------------|---------------------------------|-----------------------|--|
| NEATNESS | _____ | _____ | _____ | _____ |
| POISE OR SELF-ASSURANCE | _____ | _____ | _____ | _____ |
| MATURITY | _____ | _____ | _____ | _____ |
| POSITIVE ATTITUDE | _____ | _____ | _____ | _____ |
| SENSE OF HUMOR | _____ | _____ | _____ | _____ |
| SENSE OF SERVICE | _____ | _____ | _____ | _____ |
| EMOTIONAL STABILITY | _____ | _____ | _____ | _____ |
| PUNCTUALITY | _____ | _____ | _____ | _____ |
| COMMUNICATION | _____ | _____ | _____ | _____ |
| INTERACTS WITH PEERS | _____ | _____ | _____ | _____ |
| RESPONSIBILITY | _____ | _____ | _____ | _____ |
| INITIATIVE | _____ | _____ | _____ | _____ |
| ENTHUSIASM | _____ | _____ | _____ | _____ |
| ACCEPTS CHANGE | _____ | _____ | _____ | _____ |
| HANDLES ADVERSITY | _____ | _____ | _____ | _____ |
| FOLLOWS THROUGH | _____ | _____ | _____ | _____ |

Please answer the following questions to the best of your ability. Feel free to continue on the reverse side.

How long have you known the applicant, and what is your relationship to him/her?

What potential as a leader has this applicant displayed?

What are this applicant's greatest strengths?

In what area could this applicant benefit from some improvement?

SIGNATURE

PRINT

TELEPHONE NUMBER

___ EAST ORANGE

___ FAIRVIEW LAKE

___ SOUTH MOUNTAIN

___ SUSSEX

___ WEST ESSEX

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TELEPHONE NUMBER

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| SENSE OF SERVICE | _____ | _____ | _____ | _____ |
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